

BULLETIN 1

The Estonian Orienteering Championships in Sprint distance and Sprint Relay
31st May - Kohila (sprint)
1st June - Pühali (sprint relay)

Organizer: Spordiklubi 100 NGO

Head organizers: Tomi-Andre Piirmets, Timmo Tammemäe

Contact: info@sk100.ee

Event website: <https://www.sk100.ee/emv2025>

FB event: <https://www.facebook.com/events/712742815038748/>

National event advisor: Lauri Malsroos

IOF event advisor: Sixten Sild

PROGRAM

DATE	TIME	ACTIVITY
Saturday 31.05.2025	11:30	Event center open
	13:00	First start for individuals
	14:00	Quarantine check-in deadline
	~16:00 18:00	Award ceremony Final registration of sprint relay names and running order (osport.ee)
Sunday 1.06.2025	10:30	Event center open
	12:00	Start for youth and senior classes
	12:45	Quarantine check-in deadline for all
	13:00 ~14:30	Start for MN21E Award ceremony

PARTICIPANTS

All participants of Estonian Championships 2025 must hold a valid Estonian Orienteering Federation licence*. Licence must be obtained via [online ordering form](#) on the EOL website latest on the day after final registration date. The license fee must be transferred to EOL's account either at Swedbank or SEB.

The representation of a certain club will be determined by the valid Estonian Orienteering Federation licence. During one season a competitor can represent only one club. Foreign citizens without Estonian Orienteering Federation licence are allowed to start at Estonian Championships with the result not counting in the Championships ranking. WRE results are ranked separately.

*Foreign citizens taking part of WRE do not need an Estonian Orienteering Federation licence.

COMPETITION CLASSES

INDIVIDUAL SPRINT Classes: MN 14, 16, 18, 20E, 21E, 35, 40, 45, 50, 55, 60, 65, 70, 75, 80. Competition classes MN20E and MN21E are world rankings (WRE) and the starting order of the main classes is determined by the state of the world rankings. Competitor registered in MN20E class can win a medal in both MN20E and MN21E classes. Competitors without WRE points will be drawn at the beginning of the protocol. Starting interval in all classes is 1 minute.

SPRINT RELAY Classes: MN 14-16, 18-20, 21, 35-40, 45-50, 55-60, 65+. The team consists of 2 women and 2 men. The mandatory order of team runners is woman-man-man-woman.

REGISTRATION AND ENTRY FEES

Registration for the competition is available online at www.osport.ee until midnight on **May 26, 2025**. For participation in the sprint competition classes M/W21E and M/W20E, which are WRE (World Ranking Event) classes, registration must be completed in <https://eventor.orienteering.org/Events> before midnight on **May 26, 2025**. **NB! Competitors or registrants in the M/W20E class must ensure that the competitor is registered in the correct age category.**

Entry fee must be paid at the same time as registration is done. Registration takes effect only after the participation fee has been received in the bank account of the club conducting the competition: MTÜ Spordiklubi 100 - EE977700771005272502.

Organizer has the right to not allow competitors who have not paid the entry fee to start.

For the sprint relay it is advised to present the preliminary members of the team. The exact name, running order and SI card numbers must be entered in osport.ee site by 18:00 on the day before the competition.

Entry fees:

Class	Individual sprint	Relay
MN14	8€	32€
MN16	8€	-
MN18	8€	32€
MN20E	11€	-
MN21E	22€	80€
MN35	19€	76€
MN40	19€	-
MN45	19€	76€
MN50	19€	-
MN55	19€	76€
MN60	19€	-
MN65	12€	48€
MN70	12€	-
MN75	12€	-
MN80	12€	-

After the registration deadline, registration for a reserve spot is possible at 1.5 times the regular class fee.

TERRAIN

31.05 Individual Sprint – KOHILA

The sprint terrain is located in the heart of the town. It includes a mix of residential apartment buildings constructed in different periods, laid out both regularly and irregularly, along with surrounding gardens, gates, children's playgrounds, hedges, garden plots, greenhouses, and garages. The event center is situated in the area between the sports center, the school building, and the large stadium. Around and between the high-rise buildings are residential areas with irregular street networks. There may even be a chance to cut through some industrial yards. The terrain is essentially flat, with a few artificial hills and a 2-meter riverbank providing minimal elevation.

Previous map of Kohila: <https://orienteerumine.ee/kaart/?eolcode=2018021>

Sprint map author: Mait Tõnisson

Sprint course setter: Timmo Tammemäe

Map scale: 1:4000

1.06 Sprint Relay – PÜHALI

The sprint relay will take place on the grounds of the Pühali Hea Elu Center, which will be closed to the public for the duration of the competition. The recreational complex features a variety of buildings, private yards, and a system of fences, allowing the course setter to create decisive route choice challenges. The terrain is mostly open, with scattered landscaping—small garden beds, hedges, and areas with symmetrically arranged individual trees. The relief is very flat, with only a few artificial hills up to 5 meters in height.

There is no previous map of the area.

Sprint relay map author and course setter: Marek Karm

Map scale: 1:4000

Orienteering shoes with metal studs are prohibited on both days!

PUNCHING SYSTEM

SportIdent system (SI) is used with an enabled touch free system (SI Air+). It is possible to rent SI Air+ cards from the organizer, 2€ per start.

STARTS

SPRINT: Entry to the start quarantine closes at 14.00 (NB! Starts begin already at 13.00). All competitors must pass the start quarantine area before their start in order to collect bib number. In the start quarantine there are printed competition information, start lists and toilets. There are no tents or other shelters for the athletes in the start quarantine - the competitors must bring these with them if they wish so.

Athletes may leave their bags and clothes in the start quarantine designated area from where these will be transported to the competition center next to the finish tent. It is forbidden to use smart devices or otherwise receive information about the race courses and the terrain in the start quarantine area. The pre-start time is 3 minutes. Additional control descriptions can be taken 2 minutes before the start.

PLANNED WINNING TIMES FOR INDIVIDUAL SPRINT:

MN14 - 10-12 min

MN16, 18, 20E, 21E, 35, 40, 45, 50, 55, 60, 65, 70, 75, 80 - 12-15 min

SPRINT RELAY: Start numbers will be distributed at the secretariat - all numbers for one team will be issued at once. Sprint relay bibs are available already one day before the sprint relay competition. At 12.45, the start quarantine is closed for competitors who have not yet started. The starts of the competition classes take place as mass-starts. Upon entering the start area, each competitor will receive a rolled-up map, which must be kept closed and in front of them until the start signal is given. The same rule applies to the competitor entering the exchange zone in the relay - the map may only be unrolled after receiving the exchange.

PLANNED WINNING TIMES FOR SPRINT RELAY:

MN14-16 - 48-60 min

MN18-20, 21, 35-40, 45-50, 55-60, 65+ - 48-60 min

COMPETITION CENTER

The individual sprint competition center is located at the Kohila Sports Center and the sprint relay competition center is at the Pühali Hea Elu Center. Both competition centers have an information desk, a bag storage area and WS's available.

PRIZES

Estonian Championship medals and diplomas will be given to 3 best competitors in classes M14, N14, M16, N16, M18, N18, M20, N20, M21, N21, who are Estonian citizens or competitors with a long-term residence permit in Estonia (citizens of third countries) or competitors with permanent residence rights in Estonia (citizens of EU countries). Estonian Championship medals will be given to 3 best competitors in classes MN35-80 who are Estonian citizens and/or members of Estonian Orienteering Federation clubs.

In a relay competition the members of top 3 teams will be given Estonian Championship medals if the team consists of members from a single orienteering club (under Estonian Orienteering Federation). In classes MN20 and younger, all members of the relay team must be Estonian citizens or have permanent residency. In the rest of the competition classes, one person in the relay team does not have to be an Estonian citizen or have permanent residency.

If a competitor or a team with a top 3 result is not applicable to receive an Estonian Championships medal, then an alternative prize will be given by the organizers.

RESULTS

Live results are displayed on the screens in the competition center. Online results can be found at online.osport.ee. The official results will be posted on the competition website at <https://sk100.ee/emv2025> no later than one day after the competition.

FORBIDDEN AREAS



[Map of forbidden areas](#)

For participants of Estonian Championships it is forbidden to organize trainings or move with a map before the competition in the area shown above. Additionally, it is forbidden for participants in the sprint relay to book accommodation at the Pühali Hea Elu Center for the night of May 31 to June 1.

FAIR PLAY

Participants of Estonian Championships follow the basic values of clean sport and fair play. The IOF Anti-Doping rules are fully followed, therefore doping controls may be carried out at any time during the competitions.

COMPETITION COVERAGE

Online results: online.osport.ee

GPS tracking: sportrec.eu

ACCOMODATIONS POSSIBILITIES

The organizer does not offer separate accommodation. Numerous different types of accommodation can be found in www.airbnb.com and www.booking.com. **For competitors it's forbidden to accommodate on the sprint relay terrain 31st May - 1st June.**