Bulletin

Christmas Run 26th of December 2018



NB! All maps will be translated to English, so you don't have to understand Estonian language.

TIME SCHEDULE

- 9:30 Competition Center opens in the start (Amphitheatre of Õismäe pond)
- 10:45 Instructions in the start (Amphitheatre of Õismäe pond)
- 11:00 Mass start
- 12:30 Expected finishing time
- 13:30 Prize giving ceremony

LOCATION

Start and secretariat are located in the amphitheatre next to the Õismäe pond. Finish is located near Rocca al Mare shopping centre, the exact location will be shown in the additional bulletin.

We advise you to arrive to the competition using public transport. Competitors who arrive by car should leave them near Rocca al Mare shopping centre. Clothes and bags will be collected from the start and taken to the finish.

The course will go through fascinating places in residential area of Õismäe, Tallinn Zoo and Rocca al Mare.

INFORMATION ABOUT THE COMPETITION

Christmas Run is a fun individual orienteering competition with a mass start, at some controls there are also additional tasks. Control points have to be visited in the correct order, the order is marked on the map.

The competition will start near the Õismäe pond as a mass start. Start will lead to three different courses with different lengths. The courses may have forking, but this will not change the length of the course. Traditionally, there will also be a labyrinth-orienteering as a part of the course (, additional info in the next bulletin).

Missing control adds 10 minutes to your time. Some controls could be passed in another way than reading your map. You can skip these controls with additional penalty time (10 minutes).

NB! Participants, who are dressed according to the theme of Christmas Run will have some time bonus:

- Running with an elf hat will give -2 minutes bonus in the results
- Wearing a Santa Claus costume while running will give -5 minutes bonus.
 (The Santa Claus costume consists of: a coat + hat + belt + beard (recommended))

There will be a "fashion-police" in the start-zone, who will examine your costume and decide if you will be given time bonus.

COURSES

- Long course (~13 km)
 - MA Men
 - NA Women
- Middle course (~8 km)
 - MB Men
 - NB Women
 - MJ Young men (born in 2000 or later)
 - NJ Young women (born in 2000 or later)
 - MV Gentlemen (born in 1955 or earlier)
 - NV Ladies (born in 1955 or earlier)
- Short course (~4 km)
 - H Enthusiast course (families)

Top 3 will be awarded in the classes of long and middle courses. The short course is primarily meant for families with children and beginners. In addition, some prizes will be handed out between all the competitors.

REGISTRATION

Registration can be completed through the SK100 registration environment <u>http://register.sk100.ee</u>. Registration is open until the 19th of December (included). The entry fee and rent for the SI-card(s) must all be paid upon registration via bank transfer. MTÜ Spordiklubi 100 IBAN: EE112200221047956653 Name of bank: Swedbank

The entry fee could also be paid using a <u>Sport-ID registration environment</u>. If you wish to get the bill for a company, please inform us: <u>tomi@sk100.ee</u>.

ENTRY FEES

	1st period (22.11-11.12)	2nd period (kuni 19.12)
Long course	20€	24€

Middle course / (soodus)	20 € / (15€)*	24 € / (19€)*
Short course	10€	14€
SI-card rent	2€	3€

* - discounted entry fee is for participants born between 2000-2018 or 1955 and earlier

Entry fee consists of:

- An adventurous course
- Organized luggage area (and transport)
- Refreshment points on the course
- Possibility to wash and dress in the finish
- A gift and a bag
- Entry to the Tallinn Zoo

PS! As Christmas is just around the corner, you could make your close-ones happy by buying them a gift card of Linnaorienteerumine. The gift cards can be purchased on every Linnaorienteerumine event or by email.

IMPORTANT INFORMATION

The competition in Tallinn takes place on city streets which are open to traffic, therefore crossing roads is allowed only in places marked on the map. Going through forbidden zones is very dangerous and strictly forbidden! (We must remind you to rather have fun than take it as a serious competition.) Every competitor is responsible for his/her own health and safety

NB! A SI-card with more punches (6, 10, 11, AIR+) must be used in long and middle course. Any type of SI-card may be used in short course. The SI-AIR+ function is activated, but there may be some control points, where you can't use this benefit (for example in labyrinth-orienteering)

Suitable SI-card number ranges are: 500 000... 999 999; 7 000 001 ... 9 999 999; 16 711 680 ... 16 777 215. If you are not sure, which SI-card you have, it is possible to check it on <u>Tak-Soft website</u>.

ORGANIZER Spordiklubi 100 NGO Main organizer: Tomi-Andre Piirmets

Additional info: <u>www.sk100.ee/joulujooks18</u> tomi@sk100.ee, +372 56692334